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Change Management: Approaches and Outcomes

One-Minute Insight Report summary

The majority of decision makers were currently in a period of change management or planning for one at the time of the survey.

Digital transformation efforts are the most common driver of change management.

Change management is not internally to most, though engagement with external partners is common.

Reduced time to execute return is the top benefit of change management.

Leadership is the most identified factor for navigating change, but is also the most commonly cited issue decision makers have experienced.

Organizational change is inevitable, resulting from strategic shifts, digital transformation or mergers and acquisitions among other disruptive forces.

Change management, the process of overseeing periods of change in terms of end users, workflows and actual technology, may impact how successful it's the business navigates change. What are decision makers' experiences of change management?

We have insights to benchmark against your peers.

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Data collection Sep 20 2021 - Feb 22 2022 Respondents: 147 IT/ non decision makers

Change management is a common practice

81%
of respondents were currently undergoing a period of change management

In your organization currently undergoing change management?

n = 147

81% Yes
15% No
4% Not sure

Of those who weren't currently undergoing a period of change management, 15% of the focus.

Is your organization planning for a period of change management?

n = 118

- 21% Yes, unknown timeline
- 7% Yes, in less than 1 month
- 7% Yes, within 1-3 months
- 17% Yes, within 4-6 months
- 11% Yes, within 7-9 months
- 17% Yes, within 10-12 months
- 19% Yes, in more than 12 months

39% Yes

14% Not sure

> "Change management is the most overlooked aspect of introducing change to an organization."
>
> - Director, Finance Industry, 1,000 - 5,000 employees

> "[Change management] is an underappreciated skill at most companies."
>
> - Director, Finance Industry, 1,000 - 5,000 employees

Digital transformation is the most common driver of change management, and most are satisfied with how it's going

The most commonly reported driver of change management was **digital transformation (64%)**, followed by **strategic shift (44%)** and **remote/hybrid work (39%)**.

What was the reason behind your current need for change management?

n = 103

- Digital transformation efforts 64%
- Strategic shift 44%
- Ongoing disruption caused by the COVID-19 pandemic and the need for a remote and distributed workforce 39%
- New leadership 29%
- Our organization was acquired 15%
- None of these 7%
- Other 3%

For those undergoing change management,

60%
were **satisfied** with the initiative

Are you satisfied with the impact of the change management initiative so far?

n = 120

- 60% Yes, satisfied
- 24% Too early to tell
- 16% No

- 46% Moderately satisfied
- 14% Extremely satisfied
- 5% Neither satisfied nor dissatisfied
- 5% Moderately dissatisfied
- 3% Very dissatisfied

> "Scope and context of change does matter to how much change management is required. E.g. when we were spun off, very little was needed, since most were primed for change."
>
> - Director, software industry, 10,000+ employees

> "Poorly communicated change [can] appear to be change for its own benefit for managers who make changes without the need for them. Change management is a key skill for managers to have. There is nothing more demotivating than seeing a senior manager promoted into the next great position, when everyone who has been affected by the change struggles for years to compensate."
>
> - Leads, Finance industry, 10,000+ employees

Change management is mostly being driven by internal teams

Most **(55%)** decision makers reported that change management was primarily being overseen by internal partners.

Did you engage an external partner to help with your change management?

n = 118

- 43% Yes
- 55% Primarily managed by internal partners
- 33% External partners engaged for support, not leadership
- 10% Primarily managed by external partners
- Not sure 3%

n = 147

Of those who were engaging with an external partner, **over two-thirds (71%)** would recommend the external partner to a peer.

Would you recommend the external partner to a peer?

n = 118

- 71% Yes
- 13% No
- 16% Not sure

> "Change fatigue has to effectively communicating with those directly involved why change needs to happen."
>
> - Director, Finance Industry, 1,000 - 10,000 employees

> "When moving the company into a different direction I think is more important for a management change as well. Old leaders can't bring change."
>
> - IT Audit, Software Industry, 1,000 employees

The top benefit of change management is reduced execution time, while almost all agree that without change management, change is likely to fail

Most decision makers consider **reduced time needed to execute return** as the top benefit of change management.

Other than achieving a successful outcome, which of the following is your top perceived benefit of change management?

n = 147

- 22% Reduce time to execute return
- 16% Maintain company culture through period of change
- 15% Create a better roadmap for success
- 15% Empower the new reality, leading return to business feedback
- 10% Keeping individuals who are resistant to change

Identify gaps in the strategy/plan 51%, None of these 4%, Other 0%

94%
of decision makers agree that change without change management is likely to fail

To what extent do you agree with the following: "Change without change management is likely to fail"

n = 147

- 31% Strongly agree
- 63% Agree
- 6% Disagree
- 1% Strongly disagree

> "Change management plays a crucial role in deciding the future of the organization and helps in strengthening the bond within the company and improves the culture."
>
> - Director, software industry, 1,000 employees

> "Culture is a crucial aspect to change management. Culture sets strategy for breakfast, as the saying goes."
>
> - C-suite, healthcare industry, 1,000 - 5,000 employees

Leadership is the most identified critical factor for navigating a period of change, but also the most commonly cited issue decision makers have experienced

The most commonly cited critical factor for navigating a period of change as **leadership (64%)**, employee feedback (53%), and communication (52%).

Which of the following are critical factors when navigating a period of change?

n = 147

- 64% Leadership
- 53% Employee feedback
- 52% Communication
- 51% Change management (identifying those who will be affected)
- 51% Gap analysis (understanding how employees will be affected)

Willingness to overse-correct after approval 31 measured 30%, Vision 28%, Transparency 26%, Budget 25%, Timeline 24%, Training 24%, Hiring team with required skill sets about the needs 8%, None of these 1%, Other 0%

What is the most commonly cited issue decision makers have experienced during a period of change?

n = 147

- 54% Poor leadership from those leading change efforts
- 49% Entrenched cultural mindset
- 46% Employee burnout during execution of change
- 45% Lack of management support
- 43% Lack of employee feedback

Insufficient time frame change period is too long is too short 39%, Failure to identify influential dissenters 38%, Poor communication 37%, Lack of employee training 36%, Pushback from defined roadmap 33%, Strategy/ leadership course correction 28%, None of these 1%, Other 0%

n = 147

> "[O]rganizations experiencing change need a clear vision and communication and dissemination area of the change impact are identified and all key team members are identified and part of the team."
>
> - Director, software industry, 1,000 employees

> "Based on my experiences, I have a strong commitment to an area like inspires greater focus within organizations, as the implications of a poorly executed process can be very significant."
>
> - Director, software industry, 1,000 employees

> "I have seen a stark difference between an organization with a traditional/status leadership structure and organizations that were more flat. The flat organizations were much more successful in managing change and while the latter is built with change in mind."
>
> - Director, Finance industry, <1,000 employees

> "Having gone through significant changes through acquisitions and re-organizations, communication is critical and I have never seen it done well. I have seen some communications be complete lies, 'No, there will be no changes to your role' and then 3 days later, there is a change to your role. Organizations take 6-8 weeks to review layoff lists, review with HR and Legal. Don't communicate bald-faced lies. Your employees know better."
>
> - Director, Finance industry, 10,000+ employees

> "One of my favorite quotes is 'People don't resist change. They resist being changed.' Change is a key component in change management. People will resist if they don't understand the value and benefits of change."
>
> - C-suite, software industry, 1,000 employees

This survey aimed to provide overview and points of view expressed by users. Data not represent the views of Gartner. Gartner neither endorses any vendor, product or service depicted in this research publication.

Source: Gartner Peer Insights, Change Management: Approaches and Outcomes survey

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Respondent Breakdown

Region



Title



Company Size

